



PATENT  
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**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE**

Applicant: Alexander M. Rothacker

Serial No. 09/934,033

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For: Incremental Weight Training  
System, Apparatus, and Methods

Group Art Unit: 3764

Examiner: Tam M. Nguyen

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) Patrick D. Ertel, Reg. No. 26,877

) Attorney for Applicants

**AMENDMENT "C"**

Mail Stop RCE  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Sir:

This paper is in response to the final official action dated October 19, 2005 (hereafter, "the official action"), and in furtherance to the Notice of Appeal received by the U.S. Patent and Trademark Office on January 24, 2005.

The **Amendments to the Claims** section (including a complete listing of claims) begins on page 2 of this paper.

The **Remarks** section begins on page 6 of this paper.